

Books and resources for education settings working with previously looked after children

Starting point and overview

- [How brains are built: The core story of brain development](#)
- Inside I'm Hurting by Louise Bomber (Worth Publishing, ISBN 1-903269-11-3) - available from various booksellers
- Let's Learn Together by Sheila Lavery, Adoption UK
- The simple guide to Child Trauma by Betsy de Thierry (Jessica Kingsley Publishers ISBN-13: 9781785921360)

Books to share with younger children

- [Little Parachutes](#) – a website listing picture books that help children cope with worries, health issues and new experiences

Books for older children and young people

- Almond.D (2009) **The Savage**. Walker Books Ltd. London.
- Angelou.M (1978) **Life Doesn't Frighten Me**. Stewart, Tabori & Chang. New York.
- Bang.M (1999) **When Sophie Gets Angry – Really, Really Angry...** Scholastic Inc.
- Bhreathnach.E (2006) **The Scared Gang**. Alder Tree Press. Northern Ireland.
- Browne.A (1997) **Willy The Dreamer**. Walker Books Ltd. London.
- Bush.J & Spottswood.R (2005) **The Bean Seed**. Adoption Conversations. Vermont. jbush@together.net
- Cave.K (1994) **Something Else**. Puffin Books. Penguin Group.
- Dunn Buron.K (2006) **When My Worries Get Too Big! A relaxation book for children who live with anxiety**. Autism Asperger Publishing Company. Kansas.
- Fairbairn.K (2011) **The Making of U**. After Adoption. Manchester.
- Gravett's.E (2007, 2008) **Little Mouse's Big Book of Fears**. Macmillan Children's Books. London.
- Ironside.V (1996) **The Huge Bag of Worries**. Hodder Children's Books. Australia.
Karst.P (2000) **The Invisible String**. De Vorss and Company. California
- Morgan.N (2005) **Blame My Brain. The amazing teenage brain revealed**. Walker Books Ltd. London.
- Sunderland.M (2000) **A Niffleloo Called Nevermind**. Winslow Press Limited. UK.
- Sunderland.M (2003) **The Day the Sea Went Out and Never Came Back**. Speechmark Publishing Ltd. UK.
- Sunderland.N (2000) **The Frog who Longed for the Moon to Smile**. Winslow Press Limited. UK.

- Tan.S (2001) **The Red Tree**. Lothian Books. Thomas C. Lothian Pty Ltd. South Melbourne
- Tan.S (2000) **The Lost Thing**. Lothian Books. Havhette Australia Pty Limited. Sydney.
- Thomas.F (1998) **Supposing...** Bloomsbury Publishing plc. London.
- Verdick.E & Lisovskis.M (2003) **How to Take the Grrrr Out of Anger**. Free Spirit Publishing Inc. Minneapolis.
- Williams.M (1992) **The Velveteen Rabbit**. Egmont Books Limited. London.

Case studies and practical suggestions to develop attachment aware understanding and practice

- Go Away, People! written and published by Eileen Bebbington (ISBN-13: 9780954909123)
- Stop Wasting My Time! written and published by Eileen Bebbington (ISBN-13: 9780954909116)

Practical resources and information

- Attachment in the classroom by Dr Heather Geddes (Worth Publishing, ISBN 1-903269-08-03) - available from various booksellers
- Settling to Learn Settling Troubled Pupils to Learn : Why Relationships Matter in School by Louise Bomber and Daniel Hughes (Worth Publishing, ISBN-13: 9781903269220) - available from various booksellers

A tool for identifying and supporting social and emotional difficulties

- Observing children with attachment difficulties in Preschool settings (Jessica Kingsley Publishers, ISBN: 978-0-85700-676-9) - available from various booksellers
- Observing children with attachment difficulties in school (Jessica Kingsley Publishers, ISBN: 978-1-84905-336-5) - available from various booksellers

For education settings that want to have ideas of resources to suggest to parents/guardians/carers

- [The Adopter's Handbook on Education](#) by Eileen Fursland Coram BAAF (ISBN: 978191003970 0)
- Bubble Wrapped Children: How Social Networking Is Transforming the Face of 21st Century Adoption by Helen Oakwater MX Publishing, (ISBN-13: 9781780920979)