

Drawing pictures about your day on a whiteboard is a quick and easy way to help children know what to expect each day. Doing it on a whiteboard also means it is easy to update each day. The example shown here includes sticky notes to help remind the child that they are having packed lunch and have PE today. It is also good idea to include a fun activity they want to do after school, such as a favourite book or toy, to help them with their transition home after school.

