



# Cost of living, COVID-19, flu and winter issues

Wednesday 29 March 2023

## Infection Trends



Norovirus cases still remain very high, especially in those who are over 65 but also amongst children.

COVID-19 rates are remaining fairly stable locally and nationally. 175 people are currently in our hospitals and less than five people in the ICU.

## Advice and Guidance



If you have symptoms of norovirus, including vomiting and diarrhea, it's important to:

- stay at home until 48 hours after your symptoms clear
- stay hydrated
- protect others by not going to school, work or visiting care homes or hospitals.
- wash your hands regularly with warm water and soap.

## Key Messages



There are 100 Welcoming Spaces open across the city and they are open to everyone. What is available at each space does vary, but could include film nights, books and games, food and hot drinks, charging points to charge your electrical items, Wi-Fi, community activities.

The spaces have been designed as a place for you to visit if you want to meet and socialise with other people, are feeling cold or lonely at home or need to access support.

All Welcoming Spaces are wheelchair accessible with an accessible toilet. Information about additional accessibility provisions at certain spaces is available on the Bristol City Council website.

## Useful sources of information

Find a Welcoming Space - [www.bristol.gov.uk/costofliving](http://www.bristol.gov.uk/costofliving)