



Date 14 December 2023

Dear resident

Barton House – Thursday 14 December 2023 update

Mealtimes at the Holiday Inn: From this Saturday lunch times are going to be shortened. As schools have broken up for the Christmas break, lunch will now end at 3pm to provide more space for children to play. Breakfast and dinner timings remain unchanged. New mealtimes from Saturday 16 December:

- Breakfast – 7am to 10am
- Lunch – 12.30pm to 3pm
- Dinner – 6.30pm to 9pm

Free screening at Watershed: A free screening of Aardman's new film Chicken Run: Dawn of the Nugget is being held at Watershed on Saturday 16 December at 12.30pm (arrive at 12noon) for all Barton House residents, this includes a free vegan soup, bread roll, and popcorn.

Water systems information: Posters, and information sheets, are being placed around Barton House today, to remind residents who have not returned since the evacuation that they should not use any water until works have taken place to test for the presence of the legionella bacteria – which can cause Legionnaires' disease.

If you would like further information on Legionnaires' disease you can find out more on the [NHS website](#) or on the [Health and Safety Executive website](#).

Reminder for text and email alerts: We can provide you with updates by text and email if you are happy to share you contact details. You can give details to your Housing Officer, send them to barton.house@bristol.gov.uk, or call 0800 694 0184.

Yours sincerely

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Additional support

We appreciate that this is a stressful time for you and your families, and we are working to put in place the support you need. If you feel you need some mental health and emotional wellbeing support, there are services available to help you.

- Samaritans offer support 24 hours a day, 7 days a week. Call 116 123 for free.
- Shout 85258 offers confidential text support 24 hours a day, 7 days a week. Text SHOUT to 85258.
- If you need advice or have any concerns around any form of **domestic abuse**, please contact the Next Link Domestic Abuse Service on 0117 925 0680. For 24 hours a day, 7 days a week advice, as well as out of hours refuge options, call the National Domestic Abuse Helpline on 0808 2000 247. In an emergency, please contact 999.
- **Family Hubs:** During the week, your local Family Hub can give information and support about anything relating to you and your family. This includes activity groups, health and wellbeing services as well as parenting support. The nearest Family Hub to Barton House is the Wellspring Settlement Hub, 43 Ducie Road, Bristol, BS5 0AX. Open Monday to Thursday, 9am to 4.30pm; Friday from 9am to 1pm. Call 0117 955 6971.
- **Support for parent/carers with babies and infants:** The Central Children's Centre will be running "stay and play" baby groups at the Holiday Inn. Details about these sessions, and how to book a free taxi to the Holiday Inn when needed, can be found at www.bristol.gov.uk/barton-house
- **Welcoming Spaces network:** Welcoming Spaces are still open across the city. These are free to use and open to anyone. You can use your local Welcoming Space to meet with other people, take part in activities or access support. Find your nearest on our website: www.bristol.gov.uk/costofliving